

INSPIRED FITNESS

TRAINING CENTER

TEEN SUMMER MUSCLE UP

UNLIMITED GYM MEMBERSHIP

WEIGHT TRAINING ★ POWER STUDIO ★ BOXING ★ SPIN ★ YOGA

TRAINING SESSIONS (2/WEEK)¹

WEIGHT LIFTING ★ SPEED & AGILITY ★ CORE STRENGTH
POWER PRODUCTION ★ QUICKNESS

PRIVATE BATTING CAGE

UNLIMITED USE ★ ANY TIME

POWER STUDIO

TRAINING SLED ★ PLYOMETRICS ★ ★ TIRE COURSE

1 MONTH

\$150

Save \$150 Over Purchasing Separately*

3 MONTH

\$440

Save \$330 Over Purchasing Separately**

*1-Month Membership > \$ 40
*8 Trainer-Led Session > \$160
*Unlimited Batting Cage > \$100
Total > \$300

**3-Month Membership > \$120
**24 Trainer-Led Session > \$450
**Unlimited Batting Cage > \$200
Total > \$770

SPACE IS LIMITED

SIGN UP TODAY

¹Training Sessions

Every Tuesday & Friday // 10:30-11:30AM

June 1st - August 31st

Adjusted when school starts

TO SIGN UP CALL INSPIRED FITNESS AT

(707) 778-8889

OR STOP BY IN PERSON AT 1310 CASA GRANDE ROAD // PETALUMA